How much does *Health for Her* cost?

Health for Her is for all women. If you have health insurance, your health plan is charged for the services. If you do not have insurance, the cost of *Health for Her* services is based on how much you can pay. No one is denied services.

How do I make an appointment for *Health for Her* services?

You can make a day or evening appointment at any of the 16 locations listed on the back of this brochure. Call one of them today to schedule a visit.

If you have questions about *Health for Her* or other family health services, call the Family Health Information Line at 1-800-942-7434. Our staff speaks English and Spanish. We're ready to help.

"I don't have health insurance, but with Health for Her I can still get the care I need."

Health for Her Locations

CENTRAL FALLS
Blackstone Valley
Health Center
724-7110

CRANSTON
Family Health Services
of Cranston & Coventry
943-1981

COVENTRY
Family Health Services
of Cranston & Coventry
828-5335

EAST PROVIDENCE
East Bay
Family Health Care
437-1008

JOHNSTON
Tri-Town Health Center
351-2750

NEWPORT
Visiting Nurse Services
of Newport
849-2101

PASCOAG
Northwest Community
Health Services
568-7661

PAWTUCKET
Blackstone Valley
Health Center
722-0081

Memorial Hospital
Family Care Center
729-2304
729-2206
729-2769

PROVIDENCE
Allenberry Health Center
444-0570

Capitol Hill
Health Center
444-0550

Central Health Center
444-0580

Fox Point Health Center
444-0530

Olneyville Health Center
421-7820

WAKEFIELD
Health Center of
South County
783-0523

WOONSOCKET
Thundermist
Health Associates
767-4100

Health for Her is Rhode Island's Title X (ten) program.

Health for Her

Physical Exams

Blood Pressure Checks

Health Education & Counseling

Pap Smears

Breast Exams

Referrals to Specialized Care

Birth Control

Infertility Information & Referrals

STD & HIV/AIDS Tests

Pregnancy Tests

MAKE HEALTH PART OF YOUR FAMILY

RHODE ISLAND DEPARTMENT OF HEALTH

What is *Health for Her*?

Health for Her is a women's health program that provides high-quality care, education, and counseling to women of all ages.

Services are provided by caring professionals who help you stay healthy through testing, early detection, and treatment of illness.

"Even though life is busy, it's important to make time to get an annual checkup."

What services does *Health for Her* offer?

Health for Her offers affordable services that are important to your health including:

- Physical exams
- Blood tests
- Health education
- Blood pressure checks
- Pap smears
- Breast exams
- Birth control for you and your partner
- Confidential testing for sexually transmitted diseases
- Infertility information and referrals
- Pregnancy tests
- Family planning counseling
- Menopause information and care
- Nutrition counseling
- Referrals to specialized care

"My kids are the most important thing to me. I take care of myself so I can take care of them."

Why is *Health for Her* important for you?

Even if you feel fine, it's still important to get health care. Don't avoid care because you're afraid of what a doctor may find. *Health for Her* covers exams and tests that can identify a number of diseases early enough to prevent illness and keep you healthy.

You're busy. People depend on you. For yourself and for those who care about you, you need to stay healthy.

"I used to only go to the doctor when I didn't feel well. But seeing a doctor once a year can help prevent problems before I get sick."

Be healthy and strong for the people you love.